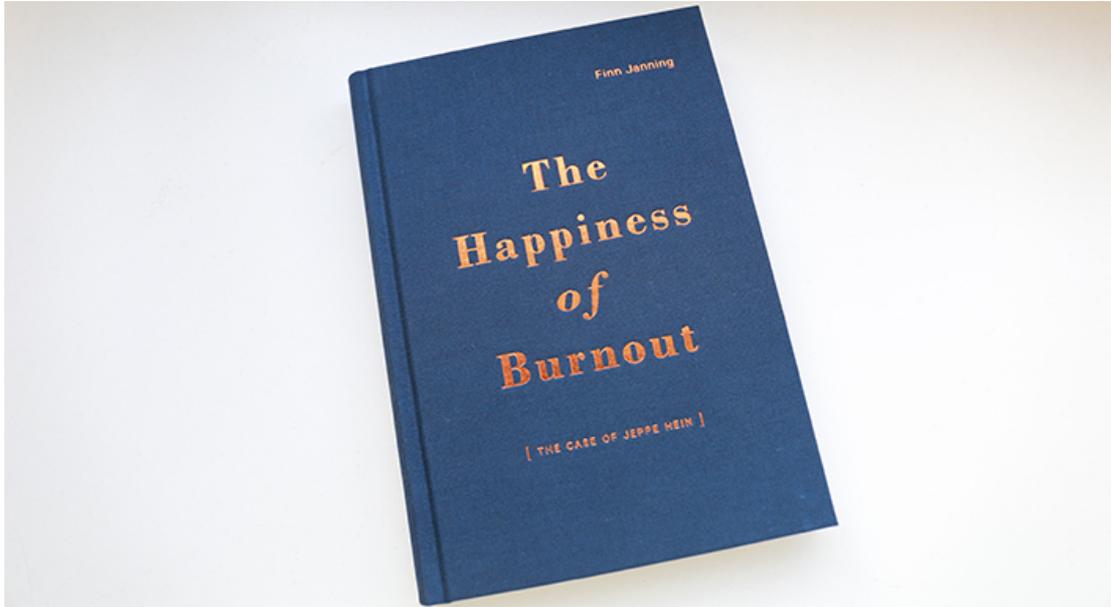


We are happy to announce the release of
THE HAPPINESS OF BURNOUT - The Case of Jeppe Hein
by FINN JANNING



For a long time the Danish artist Jeppe Hein did it all. Had it all. Exhibitions all over the world, he was famous, he was young. And then he burnt out. At 35 it was game over. He needed to change.

In *THE HAPPINESS OF BURNOUT*, philosopher Finn Janning uses the story of Jeppe Hein as a burnout case study. While it tells the story, it constantly mixes it with other thoughts and ideas related to burnout. For example, burnout as illustrated in Graham Greene's novel *A Burnt-Out Case*. It adds perspective by conversing with theories and thoughts from both psychology and philosophy - most notably the philosophy of Gilles Deleuze. Lastly, it relates Jeppe Hein's story to his art.

The underlining question is: *Which life is worth living?*

THE HAPPINESS OF BURNOUT is an original contribution to the literature on burnout and wellbeing. Also it is mandatory for those who want a deeper understanding of the artist Jeppe Hein's work.

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A book launch at Buchhandlung Walther König an der Museumsinsel in Berlin, in attendance of Finn Janning and Jeppe Hein, will take place on June 4th, 2015.

Finn Janning is a writer and a philosopher. He has studied philosophy, literature and business administration at Copenhagen Business School (CBS) and Duke University. He received his PhD from CBS in 2005. Between 2005 and 2008 he worked as a philosopher-in-residence, also called management consultant. Since 2008 he has been a fulltime writer. Janning is the author of several books and essays, both fiction and nonfiction. For more information: finnjanning.wordpress.com